

RISK ASSESSMENT – to be completed and updated annually

Date Completed and Updated: 1/3/2022

Hazard	Who might be harmed	Is the risk adequately controlled	What further action is needed to control the risk
<u>Off the beach</u> 1. Existing medical conditions	Instructors/clients	<ul style="list-style-type: none"> Controlled by checking instructors medical history. Customers filling out indemnity forms with medical details and history Ask about medical history when checking in Reception staff to inform coaches regarding any medical issues 	<ul style="list-style-type: none"> Ensure any client medication is available at all times throughout lesson
2. Dehydration	Instructors/clients	<ul style="list-style-type: none"> Make sure clients and instructors have adequate fluid consumption before leaving the surf school. Supply water to be taken down to the beach in first aid kit 	<ul style="list-style-type: none">
3.Sunburn	Instructors/clients	<ul style="list-style-type: none"> Make sure instructors and clients have applied waterproof sunblock (factor 30) to all exposed areas. Instructors to wear hats on sunny days Extra sunscreen carried to the beach in first aid kit Sunscreen available in surf school for clients and staff to use. 	<ul style="list-style-type: none">
4. Slipping (on decking & in changing rooms)	Instructors/clients	<ul style="list-style-type: none"> Ensure deck is kept as dry as possible and sand is regularly swept away Floors to be mopped at start and end of each 	<ul style="list-style-type: none">

		lesson <ul style="list-style-type: none"> • Keep the drains clear to ensure water run off from showers 	
5. Slippery decking by showers	Instructors/clients	<ul style="list-style-type: none"> • Ensure all customers are aware of the slip hazard • Ensure decking is kept clean at all times 	<ul style="list-style-type: none"> •
6. Potential issue with surf boards breaking bulbs on festoon lighting on terrace	Instructors/clients	<ul style="list-style-type: none"> • Ensure surf boards are handled at low level, avoiding hitting lighting • Distribute boards to clients with awareness of this risk 	<ul style="list-style-type: none"> • Any bulb breakages to be cleared up immediately
7. Broken glass (or other) on terrace	Instructors/clients	<ul style="list-style-type: none"> • Sweep terrace and steps regularly • Be aware of any breakages and act upon immediately 	<ul style="list-style-type: none"> • Easy access to dustpan and brush

<u>Getting to and from the beach</u>			
1. Traffic accidents (when walking beach, crossing the roads)	Instructors/clients	<ul style="list-style-type: none"> • Instructors spaced evenly within group for walk to beach. When crossing roads ensure one instructor leads communicating with clients at all times • Keep younger and less able members of the group close to instructors 	•
2. Falling, tripping, and slipping	Instructors/clients	<ul style="list-style-type: none"> • Wear appropriate footwear • Instructors to warn clients of uneven surface • Always use designated public pathway 	•
3. Sharp objects	Instructors/clients	<ul style="list-style-type: none"> • Wear appropriate footwear • Instructors to warn clients of sharp objects • Always use recognised footpath • Check footpath to beach is clear of debris 	•
4. Moving projectiles (golf balls, when crossing golf course on route to Fistril beach)	Instructors/clients	<ul style="list-style-type: none"> • Fences in place to protect clients walking on the public pathway through golf course • Stay to the path and be aware at all times of your surroundings 	•

<u>On the beach</u>			
1. Falling, tripping and slipping	Instructors/clients	<ul style="list-style-type: none"> • Advice given by instructors. Re; uneven surfaces, prior to arriving at beach 	
2. Beach related debris	Instructors/clients	<ul style="list-style-type: none"> • Instructors to offer warning of potential trouble areas. • Liaise with lifeguards for up to date information on the beach 	•

		<ul style="list-style-type: none"> First aid kit available on the beach 	
3. Heat exhaustion/ heatstroke	Instructors/clients	<ul style="list-style-type: none"> Instructors to monitor the group at all times ensuring adequate water consumed 	<ul style="list-style-type: none"> Up to date check on weather and warn clients
4.Hypothermia	Instructors/clients	<ul style="list-style-type: none"> Check weather condition on a regular basis Include emergency blanket in first aid kit 	
5.Wind blown objects, including surf boards	Instructors/clients	<ul style="list-style-type: none"> If windy, ensure customers are aware of potential risk and advise to be alert 	<ul style="list-style-type: none"> If any boards are left on the beach, ensure they are secured

<u>In the water</u>			
1. Drowning	Instructors/clients	<ul style="list-style-type: none"> Instructors to assess physical competence of each individual. All clients must be able to swim 50 m min Parent / guardian to accompany children aged 8-12 in the water 	<ul style="list-style-type: none"> Instructors keeping all clients in waist to chest depth water. (Unless on intermediate lesson)
2.Hypothermia	Instructors/clients	<ul style="list-style-type: none"> Use of correct equipment based on the time of year. Correct size wetsuits offered. Boots, gloves and hoods if necessary Emergency blanket on the beach in first aid kit 	
3.Other injuries	Instructors/clients	<ul style="list-style-type: none"> Follow NOP and EAP procedures 	
4.Water pollution / sewage outlet	Instructors/clients	<ul style="list-style-type: none"> Follow advice of lifeguards on duty Monitor Surfers Against Sewage Safer Sea App 	

5. Marine Stings	Instructors/ Clients	<ul style="list-style-type: none"> • Use appropriate wetsuits and accessories. • Offer boots to avoid weaver fish stings • Enquire about anaphylactic shocks during health check at beginning of lesson • Access to hot water at Surf school 	
6.Client pulled into deep water (rips,currents)	Clients	<ul style="list-style-type: none"> • All instructors briefed and received training in local conditions. • The lesson will only take place when the sea state, tide and wind are within safe working distance 	
7. Collision with other water users	<ul style="list-style-type: none"> • Clients/ instructors 	<ul style="list-style-type: none"> • Clients to be briefed on avoidance techniques, flags and safe use of board. • Instructors to ensure clients are evenly spaced at all times and adhering to the safe code of practice 	
8.Spinal injury	<ul style="list-style-type: none"> • Clients 	<ul style="list-style-type: none"> • Due to the gradient of the beaches, the additional hazards of high tide surfing will be covered in the initial brief. • Surfing lessons will be planned around high tide if sea conditions are not within the safe working limit 	